

## Ohio Strategic Prevention Framework (SPF): Strategic Plan Map

**Strategy:**

Overall Theory of Change:							
<p><b>With the development of cognitive and emotional empowerment within the individuals participating directly and indirectly with the Franklin County Youth Council, these young people will be empowered to act as community change agents.</b></p> <p><b>With the development of group structure and group climate needed for young people to work together to create community change, our young people will have the necessary skills to work together collectively to create community change.</b></p> <p><b>Once our young people are empowered as community change agents and are equipped to work collectively to create community change then the young people in FCYC (Franklin County Youth Council) will engage in planning processes to create and implement a strategic plan that uses evidence-based strategy to influence community-level change focusing on Mental Health promotion.</b></p>							
Community Logic Model			Theory of Action			Measurable Outcomes	
Problem Statement	Intervening Variable(s)	Strategy	Demonstrating Capacity Inputs: Human/Material Resources	Time Line Specific Activities for each Strategy	Outputs Results of Activities	Shorter-Term Outcomes (2 years)	Longer –Term Outcomes (5 years)
<p>The Franklin County Youth Council will collectively engage in the strategic planning process to develop and implement prevention strategies to address Mental Health issues in Franklin County,</p> <p>SUPPORTING DATA: 20% of TEENS ages 13 to 18 live with a Mental Health Condition.</p> <p>1 in 5 young people suffer from a Mental Illness, representing 20% of our population but only about 4% of the total Health Care budget is spent on our Mental Health.</p> <p>Since COVID-19 over 50% of TEENS report suffering from anxiety,43% deal with depression and 45% have felt more stress than usual.</p> <p>50% of all lifetime Mental Illnesses start by age 14. The National Health and Nutrition Survey 2010, National Comorbidity Survey Replication- Adolescence supplement, 2010: NIMH Mental Illness Exacts Heavy Toll, Beginning in Youth, 2005</p>	<p>Lack of factual information/knowledge regarding Mental Health/Illness.</p> <p>Youth from community conversations hosted by FCYC expressed a lack of Mental Health and support for people of color.</p> <p>Lack of resources and supports for people of color.</p> <p>Community stigma concerning Mental Health issues.</p> <p>Limited events that promote education and advocacy that enhance knowledge of Mental Health. Especially that focus on teens /young people of color.</p> <p>Only 50% of youth with a Mental Health disorder receive any behavioral health treatment. Source: National Health and Nutrition Survey 2010.</p>	<p>ENVIRONMENTAL: <b>Social media:</b> Understanding Me 4 Me #UM4M</p> <p><b>Community norms:</b> Through the educational process, FCYC will promote Mental Health concerns</p> <p><b>Education:</b> FCYC will host Mental Health Wellness Series/Mental Health /Substance Youth Community Conversations</p>	<p><u>Budget:</u> <b>Total Budget:</b> 25,000.00 <b>Percentage of Total Budget Allocation:</b> <b>In-Kind:</b> \$</p> <p><u>Staffing (Paid or Volunteer):</u> <b>Number of staff members:</b>2 <b>Total PTE's:</b> (2) which are not paid out of this grant</p> <p><u>Vendor(s)/Sub-contractor(s):</u> To be determined</p> <p><u>Materials:</u> Printing &amp; promotional materials</p> <p><u>Travel:</u></p> <p><u>Other:</u> Youth-Led Student stipend \$9000.00</p>	<p>What are the key things that have to happen to get the strategy complete? What is your timeline?</p> <p>Big Table Mental Health Conversation on October 16, 2020</p> <p>Mental Health Resources for Seniors October 10, 2020</p> <p>Interview with Channel 6 on December 2, 2020</p> <p>#TEENMENTALHEALTHSUBSTANCEABUSE</p> <p>Mental Health and Substance Abuse Conversation December 8, 2020</p> <p>Jan 2021 – May 2021 FCYC will be doing their Mental Health promotion #Understandme4me</p> <p>FCYC will develop and print self-care Mental Health cards</p>	<p>What will your activities result in?</p> <p>There will be several Mental Health educational series</p> <p>Presentation of #understandme4me at events</p> <p>Presentation and distribution of FCYC Mental Health check-in cards at community Mental Health events</p>	<p>Insert from Theory of Change Worksheet.</p> <p>Members of the FCYC will work to develop healthy collaborative relationships that will aid in the development of both cognitive and emotional strengths within each member of the council and youth collaborating with the council</p>	<p>Insert from Theory of Change Worksheet.</p> <p>Members of FCYC will act as ongoing agents of change consisting of diverse groups of youth established to work collectively to create community change</p>
<b>Context</b>							
<p>The Franklin County Youth Council (FCYC) was established in 2016. In January of 2013, as a result of the Sandy Hook shooting, President Obama set an initiative to engage our young people in conversations addressing Mental Health and Mental Wellness. As a result, community conversations were hosted throughout Franklin County, and groups of diverse youth from various organizations participated in a series of conversations and voiced concerns, challenges, and assets in their cities and communities.</p> <p>With all the valuable information shared and youth expressing a need to have their voice heard and the commitment of caring individuals, a youth council was established. The Convening Partners are; United Way of Central Ohio; Franklin County Children Services, National Association of Mental Illness (NAMI), Franklin County Job and Family Services, Community for New Direction (CND), and Rise Sister Rise.</p> <p>Fcyc central office is located within United Way of Central Ohio, 360 S. Third Street Columbus Ohio 43215.</p>							